

# Devices for Monitoring Physiological Analytes

YINAN TANG

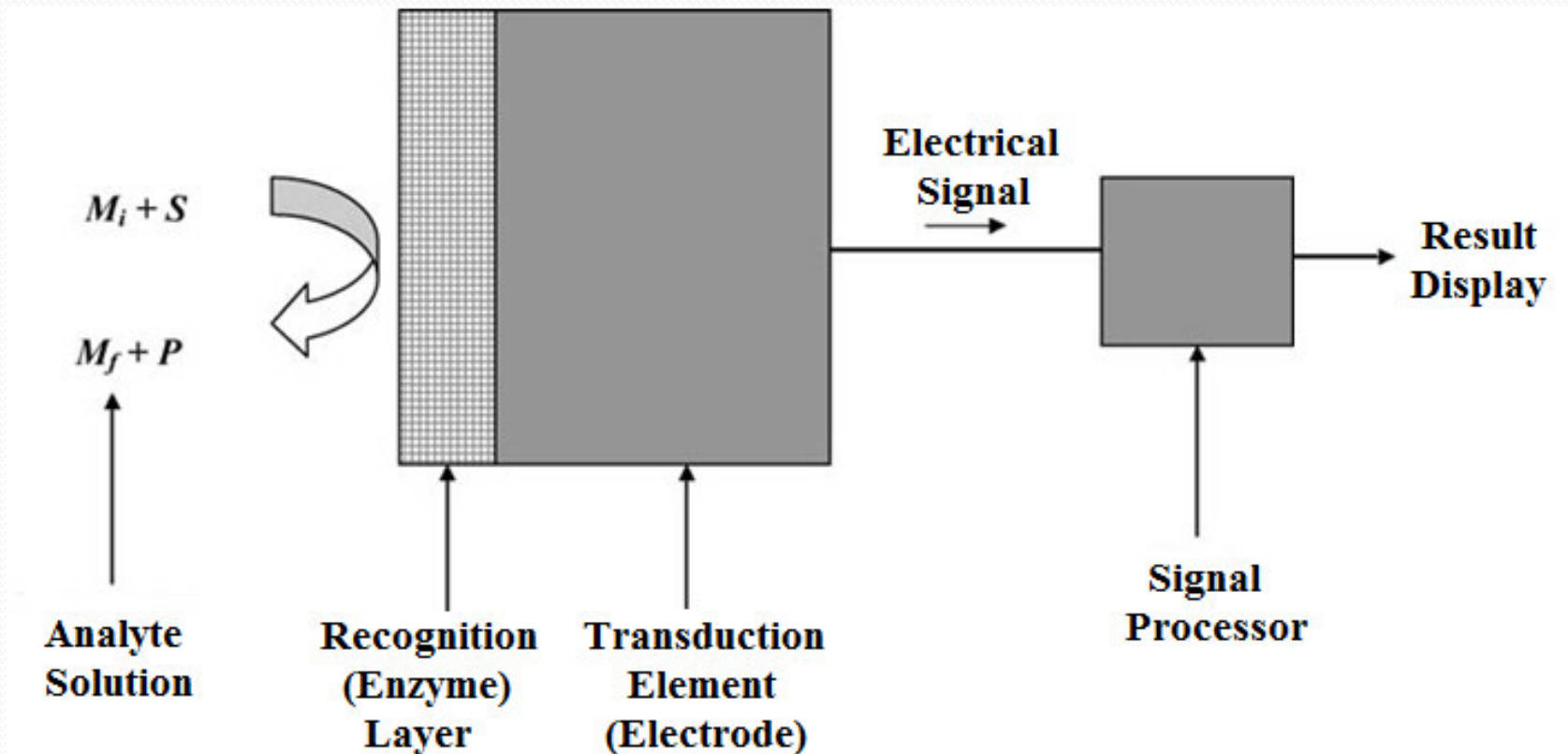
# Background

- **Biosensor and its electrochemical transducer**
  - Simple, inexpensive, accurate and sensitive platform
  - Inherent miniaturization for both the detector and control instrumentation
- **Application Fields**
  - Medical diagnostics
  - Food industry
  - National security
  - Environmental monitoring



# Background

- Biosensor and its electrochemical transducer



# Background



- **Blood glucose meter**

- The first and the most widespread commercial biosensor
- Developed by *Leland C. Clark* in 1962
- Enzyme-electrochemical device on a slide
- Dominate the \$5 billion/year diabetes monitoring market over the past two decades



# Outline

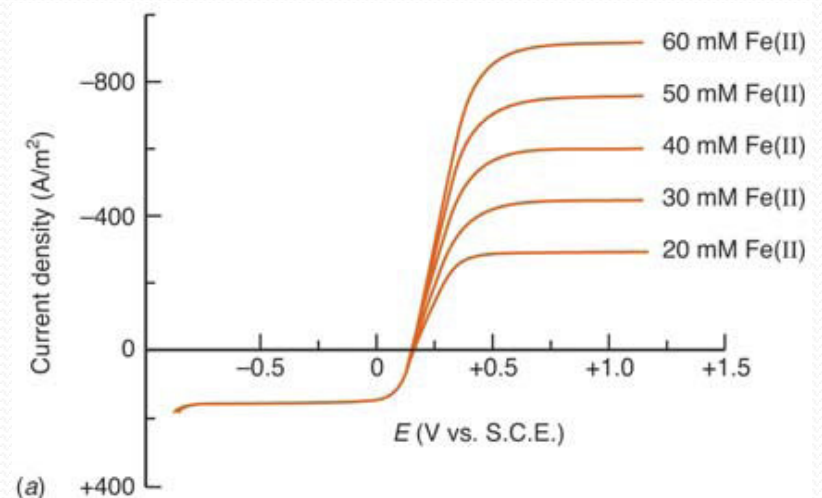
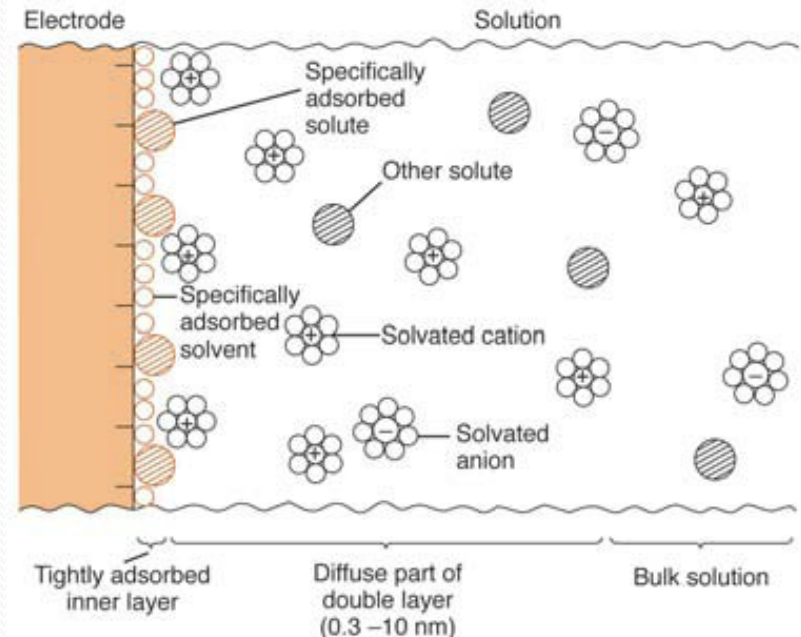
- **Electrochemical fundamental**
- **Three-electrode electrochemical sensor**
  - **Potentiostat circuit design**
  - **Handheld blood glucose meter**
- **Continuous glucose monitoring system**
- **Implantable electrochemical glucose sensor**
  - **Challenges and outlook**

# Some Electrochemical Detection

## Fundamental

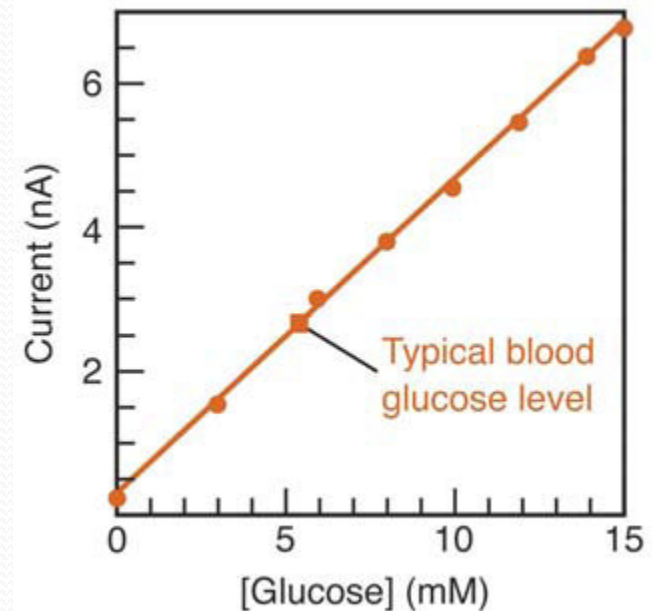
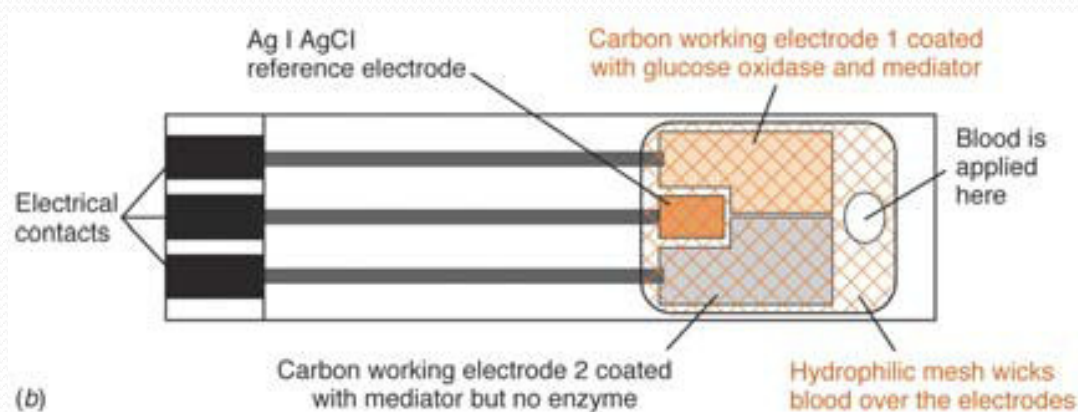
- Faradaic Current  $i$ 
  - $A^+(\text{surface}) + e^- \rightarrow A$
  - $i \uparrow$  with applied potential until reaches a limiting value
- In the whole system
  - $A^+(\text{bulk}) \rightarrow A^+(\text{surface}) \rightarrow A$

**Diffusion Control**  
**Rate Limiting**
- Faradaic Current  $i \propto [A^+]$



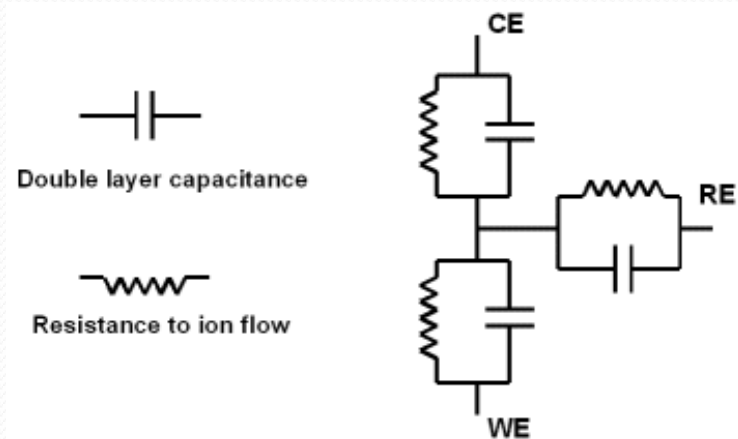
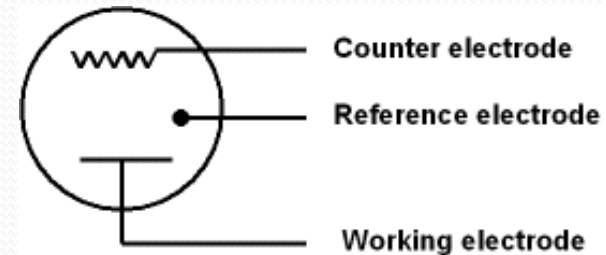
# Some Electrochemical Detection Fundamental

- **Amperometry:**
  - Redox reaction is enabled by an applied potential
  - Current is measured to determine [Analyte]



# Three-electrode electrochemical sensor

- Control potential across the double layer at the WE.
- But how to measure it?
- Using a well-behaved RE.
- RE can maintain a constant potential when no current flows through it.
- CE is added to balance the current generated at the WE.



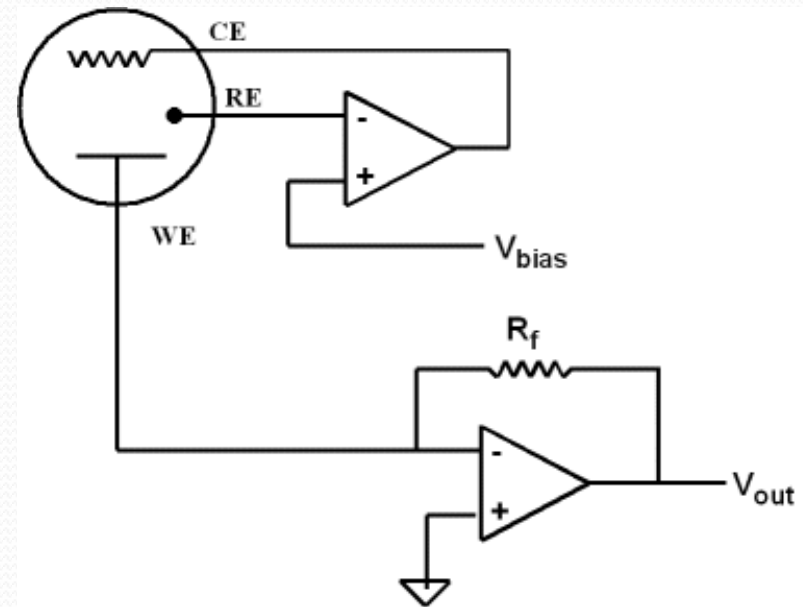


# Basic Potentiostat Circuit

- A potentiostat is a control and measuring device.
  - Maintain a fixed potential between the WE and RE
  - Measure the current from the WE, delivering a usable signal to an output terminal

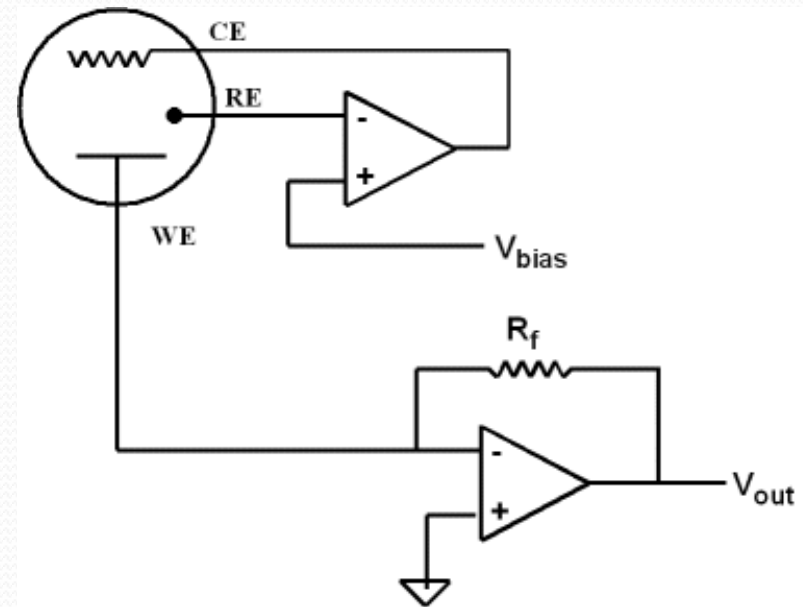
- **Current Measurement**

- WE is connected to gnd.
- $V_{out} = I \times R_f$   
e.g.  $= 1\mu A \times 100k\Omega = 0.1V$



# Basic Potentiostat Circuit

- A potentiostat is a control and measuring device.
  - Maintain a fixed potential between the WE and RE
  - Measure the current from the WE, delivering a usable signal to an output terminal
- Potential Control
  - Negative feedback
  - No current through RE





# Electrochemical Glucose Sensors

- **A hot and active field**

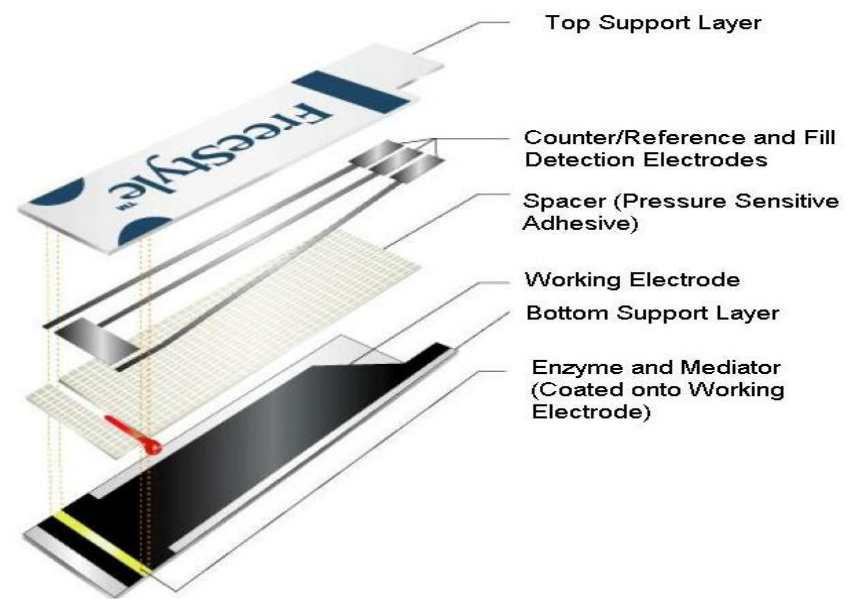
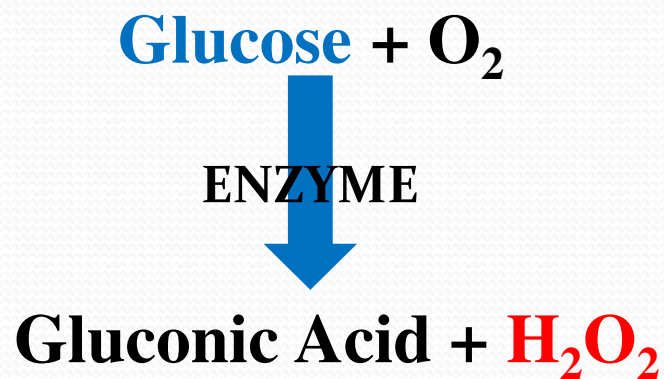
About 6,000 peer reviewed articles have been published on electrochemical glucose assays and sensors, of which 700 were published in the 2005–2006 two-year period.

# Electrochemical Glucose Sensors

- A hot and active field

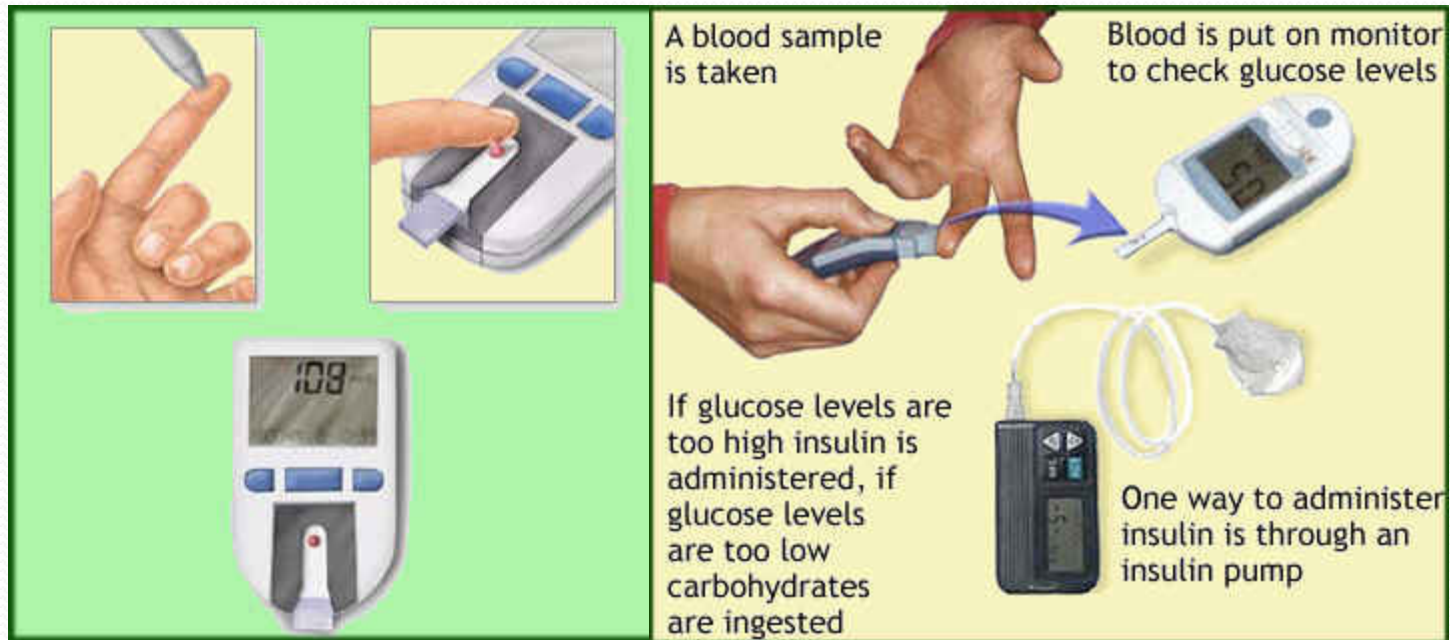


- Detection Mechanism

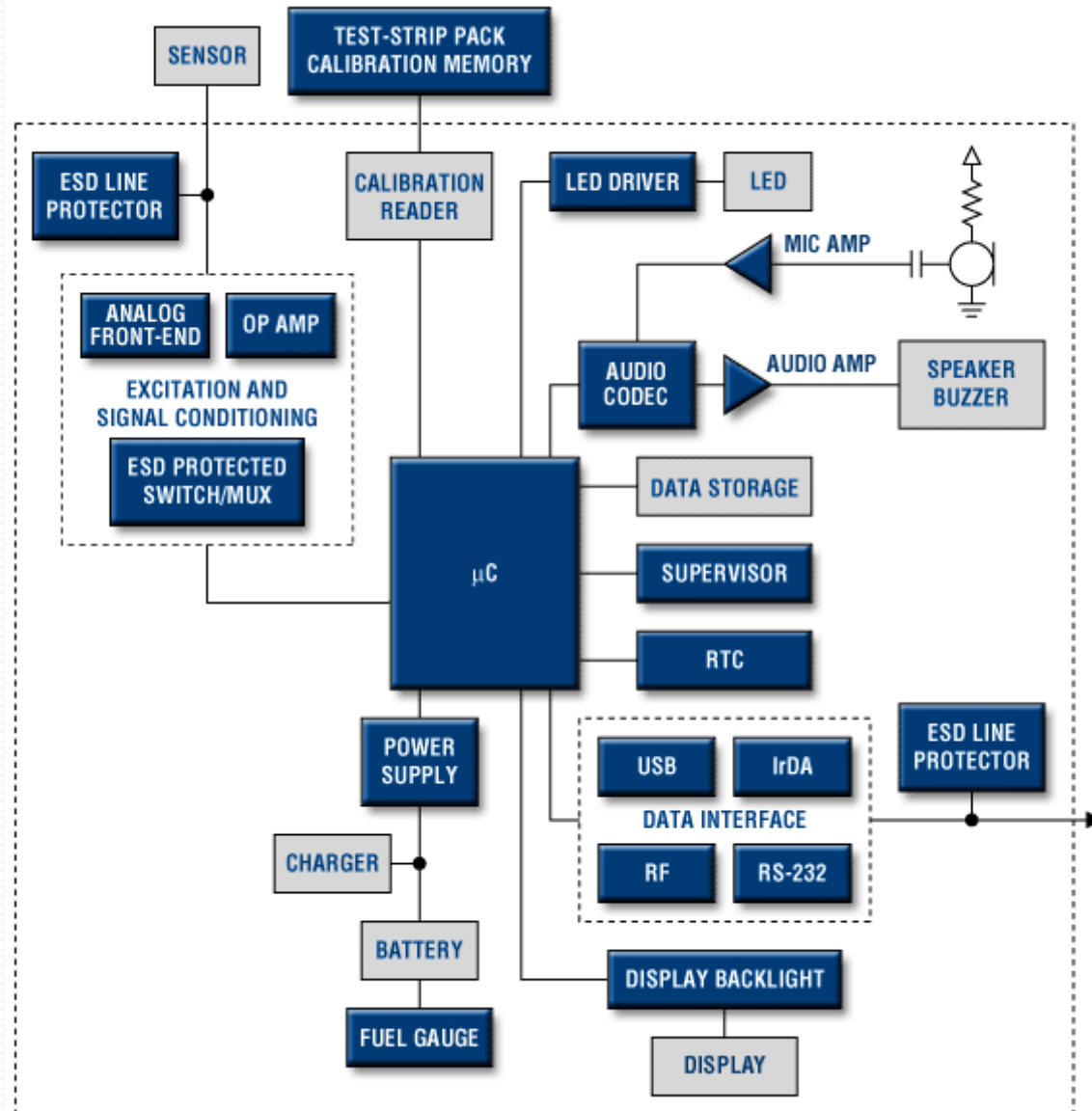


# Handheld Blood Glucose Meter

- Small battery-operated devices



# Handheld Blood Glucose Meter



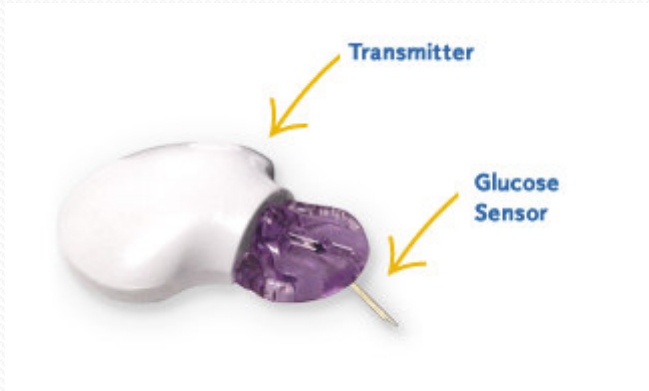


# Handheld Blood Glucose Meter

- **Small battery-operated devices**
- **Performance Matrics**
  - **Sample size**  
 $10\mu\text{L} \Rightarrow 0.3\ \mu\text{L} \Rightarrow \text{Capillary action}$
  - **Data storage and manipulation**
  - **Power**
  - **Test strip calibration**
  - **Rapid and accurate measurement**

# Continuous Real-time Glucose Monitoring Systems

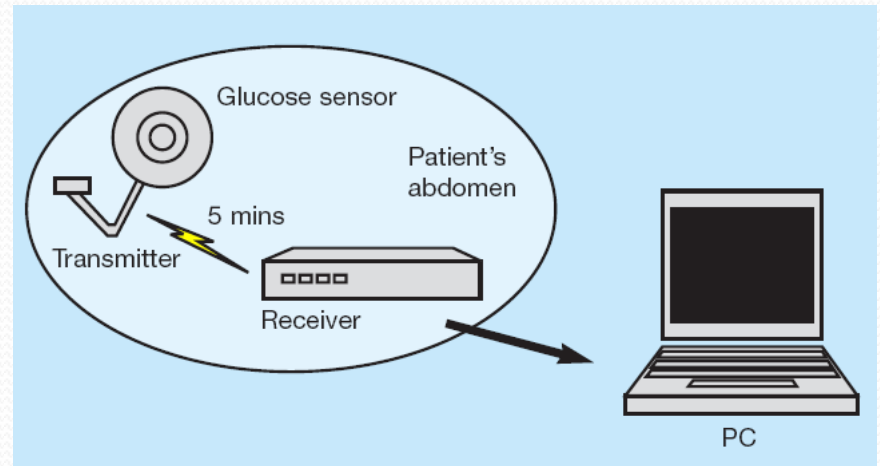
- **Real-time devices on the market**
  - **Medtronic Guardian® & Paradigm® Real-Time**
  - **Abbott FreeStyle Navigator**
  - **DexCom STS™**





# Continuous Glucose Monitoring Systems (CGMS)

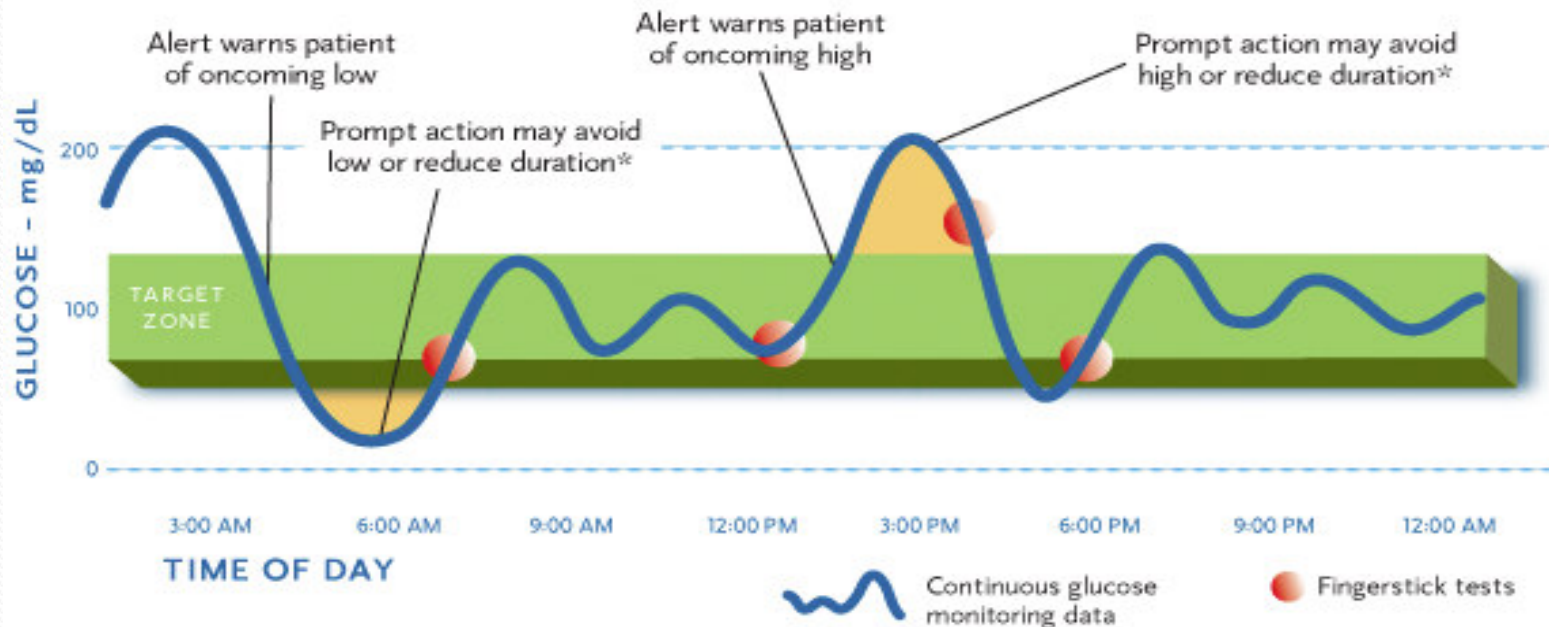
- **Components of a CGMS**



# Continuous Glucose Monitoring Systems (CGMS)

- Components of a CGMS
- Clinical Significant
- Advantages of CGMS

Meaningful data  
Reduce hypoglycaemia  
Patient education  
Increased motivation



\*A confirmatory fingerstick is required prior to taking action.

# Implantable Electrochemical Glucose Sensors

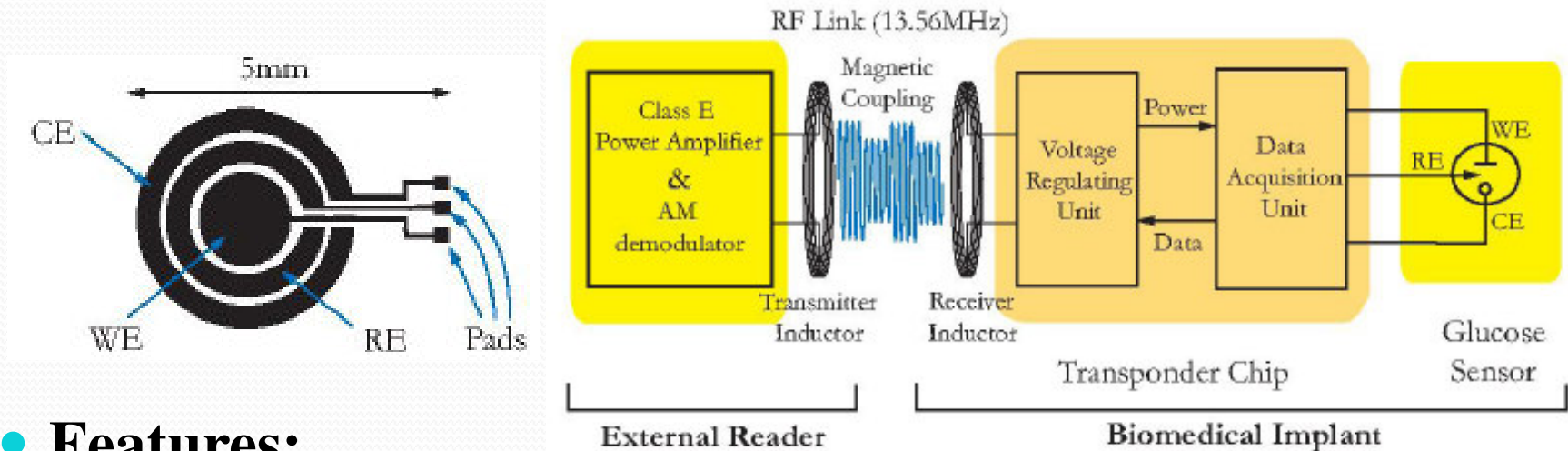


- Major Issue: O<sub>2</sub>-dependent measurement
- Alternative approach



- E.g. Iridium and Iridium Oxide (Ir/IrOx) nanoparticles

# Implantable Electrochemical Glucose Sensors



- **Features:**

- **Wireless telemetry link for powering and data transmission**
- **Minimized implant size with TSMC 0.1 8um CMOS technology and flip-chip bonding of the sensor**
- **Pulse-position-modulation (PPM) for data transmission**



# Challenges

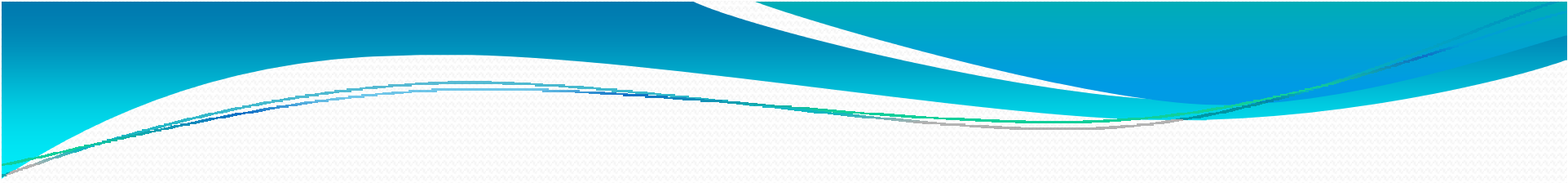
- **Biocompatibility of implantable/subcutaneous sensor**
- **Biochemical interference, patient-to-patient variability**

# Outlook

- **Power generation inside biological system (enzyme fuel cell)**
- **Energy-based monitor (RF, thermal, optical technology)**
- **Revolution in near-patient diagnostics and medical decision making**
  - **Faster decision-making**
  - **Improve compliance**
  - **Optimize treatment**
  - **Earlier treatment**
  - **Reduce complications**
  - **Reduce healthcare cost**

# References

- **Lojou E, Bianco P. Application of the electrochemical concepts and techniques to amperometric biosensor devices. J Electroceram (2006) 16:79-91**
- **Ahmadi M. etc. Continuous monitoring of blood glucose concentration using a fully implantable wireless biomedical microsystem. Life Science Systems and Applications Workshop, 2006.**
- **Kerr D, Fayers K. Continuous real-time glucose monitoring systems: time for a close look. Practical Diabetes Int (2008)25(1): 37-41**
- **Wei D, etc. Electrochemical biosensor at the nanoscale. Lab on a chip (2009) 9: 2123-2131.**
- **Bakker E, Qin Y. Electrochemical Sensor. Anal. Chem. (2006) 78 (12): 3965-3978.**
- **Irhayem E.A. etc. Glucose detection based on electrochemically formed Ir oxide films. J of Electroanalytical Chemistry (2002) 153-164.**
- **Beach R.D. Subminiature implantable potentiostat and modified commercial telemetry device for remote glucose monitoring. IEEE Transactions on Instrumentation and Measurement 48(6), 1999.**
- **Heller A. Implanted electrochemical glucose sensors for the management of diabetes. Annu. Rev. Biomed. Eng. (1999) 01:153-175.**
- **Li Q and Yuan J. Development of the portable blood glucose meter for self-monitoring of blood glucose. Engineering in Medicine and Biology 27<sup>th</sup> Annual Conference. 2005.**
- **Takehi N. etc. A novel wireless glucose sensor employing direct electron transfer principle based enzyme fuel cell. Biosensor and Bioelectronics (2007) 22: 2250-2255.**



**Thank you all!**  
**Any Questions?**